

Aha!

Why do you climb a mountain?

There are (at least) four reasons why anyone would go outdoors and climb a mountain.

Some people climb a mountain *for the view*. Boomers in particular want meditate at the top and appreciate the beauty. Other people climb a mountain *for the exercise*. Busters (or "Gen Xer's") in particular like to work up a sweat and anticipate a great work out. Still other people climb a mountain *for the challenge*. Echos (or "Gen Yer's") in particular like to attempt the impossible and overcome all odds. And still other people climb a mountain *for the thrill*. Millennials in particular savor the risk an crave the rush of adrenaline.

Despite the different motivations to get out there, they all share one thing in common. All these activities connect body and soul in a living harmony. They all feel at one with the mountain and at peace with themselves. They all rejoice that the mountain exists and they are on it. They all meet God in different ways ... but they meet God.

Then there is a final group of people, of any age. These are the people who don't know or care that there is a mountain to be climbed.