

Bedrock Beliefs Exercise

A Bedrock Belief is a conviction of faith to which people turn for strength in times of stress, confusion, or trouble.

It is an automatic response of the soul to the struggles of living.

A Bedrock Belief is the bottom-line confidence that allows Christians to hope for tomorrow.

It is the way Christians confront the fundamental anxieties of emptiness, meaninglessness, fate, death, guilt, shame, and alienation.

A Bedrock Belief is an act of courage.

It is a church's stand against the threats of being lost, lonely, trapped, dying, broken, abused, or discarded.

Biblical Expressions of Bedrock Beliefs	Liturgical Expressions of Bedrock Beliefs	Common Language Expressions of Beliefs
The Lord is My Shepherd (Ps. 23)	Our Father in heaven, hallowed by your name...	God's mercy in every situation...
I know that my Redeemer lives (Job 19:25)	This is my body, broken for you.	God's power when I can't...
Fear not! For I am with you! (Isa. 41:10)	Jesus Christ, Son of God, have mercy upon me a sinner.	God's love when others don't...
Where two or three are gathered in my name, there am I in their midst. (Mt. 18:20)	<i>Amazing Grace! That saved a wretch like me...</i>	God's blessing not always seen...
Ask, and it will be given; seek and you will find. (Lk.11:9)	<i>Thirst quenched, soul revived, and now I live in him.</i>	God's presence whether I feel it or not...
I am the Bread of Life! (Jn. 6:35) I am the Light of the World! (Jn.8:12)	<i>Like a mighty river flowing is the perfect peace of God</i>	God's companionship in the face of fear...
Peace I leave with you... (Jn. 14:27)	<i>Service is the golden cord, close binding humankind</i>	God's grace no matter what happens...
Nothing shall separate us from the love of God in Christ Jesus. (Rom.8:39)	<i>I am the Lord of the Dance ... and I'll lead you all wherever you may be</i>	God's call when you don't know where you are going.
Faith, and hope, and love ... but the greatest of these is love. (1 Cor. 13:13)	<i>You breathe and there is health; you move and there is power</i>	
If anyone is in Christ, there is a new creation: everything becomes new! (2 Cor. 5:17)	<i>The last shall be first and the weak shall be strong, and none shall be afraid</i>	Prayer works!
For freedom Christ has set us free. (Gal.5:1)	<i>Omega and Alpha he! Let the organ thunder!</i>	The Bible is true!
To live is Christ and to die is gain. (Phil. 1:21)	<i>We should never be discouraged; take it to the Lord in prayer</i>	God is a rock!
Rejoice in the Lord always ... the Lord is at hand. (Phil. 4:4)	<i>O thirsty soul drink at the well; God's living water will never fail</i>	Jesus is here!
Be doers of the word, not hearers only, and be blessed. (James.1:22)	<i>Be still my soul, for God is on your side...</i>	Beyond forgiveness is a fresh start!
Perfect love casts out fear. (1 Jn.4:18)	<i>You are giving and forgiving; ever blessing, ever blest...</i>	Lift high the Cross!
I saw a new heaven and a new earth; God will wipe away every tear from their eyes. (Rev. 21:1-4)	<i>The love of God is broader than the measures of the mind; the heart of the eternal is most wonderfully kind.</i>	Life is the last word!

The Apostles Creed

I believe in God, the Father Almighty, Creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.

Who was conceived by the Holy Spirit, Born of the Virgin Mary, Suffered under Pontius Pilate, Was crucified, died, and was buried.

He descended into Hell; on the third day he rose again; He ascended into heaven, Is seated at the right hand of the Father,

And will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints,
the forgiveness of sins, the resurrection of the body, and the life everlasting.

Frequent Doubts in Institutional Churches	Our Church Website We at Mountain View Presbyterian Church are Christians who:	Our Expressions of Bedrock Beliefs
The existence and/or power God	Believe in one God, Creator and Ruler of the Universe ...	
The historical fact of Jesus	who reveals Himself to us in the Bible, God's Word to all people.	
The person and work of Christ	We believe in Jesus Christ, God's only Son...	
The reality of sin	And trust in Him and in His saving life, death and resurrection.	
Judgment and accountability	We believe in the Holy Spirit, the giver of peace and joy.	
Life after death	We believe that the Church is the body of Christ on earth...	
The presence of the Holy Spirit	and that it exists to communicate the good news of Jesus Christ to the World...	
The value of the church and/or worship	To teach His followers to obey His teachings...	
The meaning of the sacraments	And to equip His followers for ministry.	
The possibility of forgiveness		
The possibility of resurrection		
The truth of scripture		
The credibility of clergy		
The immanence of grace		